Handwashing with soap and water



Remove jewellery and wet hands and wrists with warm



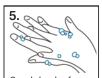
Use 1 or 2 squirts of liquid or foam soap.



Lather soap and scrub hands well, palm to palm.



Scrub in between and around fingers.



Scrub back of each hand with palm of the other hand.





hand.





Rinse thoroughly under running water.





using same paper towel.

Cleaning with alcohol-based hand rub



of product to palms of dry hands.



Run hands together, palm to



Run in between and around fingers.



Rub back of each hand with palm of other hand.



each hand in opposite palm.



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Rub each wrist clasped in opposite hand.



Rub hands until product is dry. Do not use paper towels.